



COFFS HARBOUR & DISTRICT LALC

NEWSLETTER

Wongala Estate
301-325 Pacific Highway
Coffs Harbour NSW 2450
Ph. 02 6652 8740

WELCOME TO OUR INAUGURAL COMMUNITY NEWSLETTER

CH&D LALC Meeting Dates:

Next Members Meeting:

6pm Wed 11th December 2013

6pm Wed 5th March 2014

Next BOD Meeting:

5:30pm Wed 15th Jan 2014

10:30am Wed 26th Feb 2014

FROM THE CEO'S DESK



Mr Chris Spencer - CEO

Welcome

Giinagay & welcome to all our readers. This is our first Council Newsletter & we hope you enjoy catching up on LALC news. The newsletter will be published quarterly in March, June, September & December. Feedback, event information & input into the newsletter is most welcome. Drop in to the office or email our admin officer on admin@coffsharbourlalc.com.au if you have any feedback or would like to contribute to the newsletter.

AGM & BOD election outcome

We held our AGM on the 14th Sept. 2013 & elected our Board of Directors who will provide Governance for the Council & guide our strategic direction .

Your Board of Directors are:

Yvette Pacey—Chair

William Lagettie

Daniel Hoskins

Jenny Skinner

Patricia Wallace

Sue Hoskins—Deputy Chair

Robyn Duroux

Reuben Robinson

Feleisha Laurie

Carol Hart



Young Business Executive Award

Inside this issue:

2013 Regional Business Award	2
Update on Culture & Heritage	2
NSWALR Act—review	3
Land Claims/Vacant Land	3
Finance news	3
Housing News	4
Bush Regen Team	4
Nursery & Farm Ventures	5
Grace Roberts Awards	5
Homework centre	6
Upcoming Events & Important Dates to Remember	7
Healthy Recipes	8
Jarjums Page	9
Christmas Closure	10





2013 Regional Business Awards

In September our CEO (Chris Spencer) attended the NSW Business Chamber Regional Business Awards. Chris was nominated for the Young Business Executive for 2013. And the winner is: Chris Spencer—CEO CH&D LALC & Young Business Executive 2013. Chris is now in the running for the State Business Award & we wish him all the success he deserves. (Photo on page 1)



CULTURE & HERITAGE- Update on proposed changes

The primary law for the protection and management of Aboriginal culture and heritage in NSW is the National Parks and Wildlife Act 1974 (NPW Act). While the NSW Government has primary responsibility for protecting Aboriginal culture and heritage through the National Parks and Wildlife Act 1974, under the Aboriginal and Torres Strait Islander Heritage Protection Act 1984 (ATSIHP Act) the Federal Government has significant powers to step in and act where the State has failed to protect Aboriginal culture and heritage.

Significant reforms to the FEDERAL ATSIHP Act.

In August 2009, the Hon. Peter Garrett, Federal Minister for the Environment, Heritage and the Arts, released the discussion paper: Indigenous Heritage Law Reform which proposes a range of significant reforms to the ATSIHP Act.

The Federal Government announced that it had decided to review the ATSIHP Act because "The ATSIHP Act has not proven to be an effective means of protecting traditional areas and objects."

While NSWALC supports moves to reform the ATSIHP Act, it is concerned that the review may result in reduced avenues for Aboriginal people in NSW to seek emergency protection of cultural heritage which is under threat. NSWALC has produced 2 new Fact Sheets for LALCs which explain the current Federal law and the proposed changes. These Fact Sheets are a part of a series of NSWALC Culture and Heritage Fact Sheets developed recently. Fact sheets are available at your local Land Council office upon request.

NOTE: The proposed changes to the Federal ATSIHP Act are separate to the changes proposed to the NSW National Parks and Wildlife Act 1974 by the NSW Department of Environment, Climate Change and Water (DECCW).

NSW STATE HERITAGE LAW REFORMS

The NSW Government has released a model for stand-alone Aboriginal cultural heritage legislation which was developed in response to the recommendations provided by an independent ACH Reform Working Party. The Government has commenced the ACH reform process for reforming Aboriginal cultural heritage legislation in NSW and has released its proposed model for reform.

These reforms and any resulting legislation shall be closely monitored by NSWALC and your local LAND COUNCIL and you can also provide input as there are many ways to have your say. Submissions close on 14th February 2014. Contact your Local Land Council Office for further information.



ABORIGINAL LAND RIGHTS ACT - 30 YEARS ON – REVIEW OF THE NSW ABORIGINAL LAND RIGHTS ACT

The NSW Government's proposed reforms aim to improve economic outcomes for Aboriginal people in NSW.

One-day consultations and workshops, will be held jointly with the NSW Aboriginal Land Council, in nine separate regions to discuss changes to the Act, as a result of a statutory review. "As we celebrate the 30th anniversary of an Act that enshrined Aboriginal land rights in law there is also a realisation that to achieve better outcomes, changes must be made," Mr Dominello said. "At the heart of this reform is the shared goal of building a more sustainable land council network that drives greater economic outcomes for all Aboriginal people."

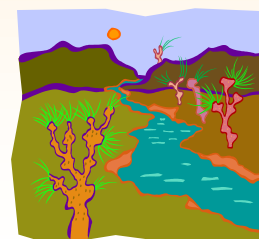


Reforms designed to cut unnecessary red tape, improve the land claim process, improve management of social housing schemes and reform of the regulatory framework, are up for discussion. The proposed changes to the Act, which include proposals developed in consultation with the NSW Aboriginal Land Council, are also aimed at increasing the capability and productivity of Land Councils for the good of all Aboriginal people. For further information contact your Local Land Council.

LAND CLAIMS & VACANT LAND

The Council is committed to claiming land that is eligible to be claimed under the ALR Act 1983.

During the previous period the Council has not lodged any land claims over available crown lands, as in 2009/2010 over 200 land claims were lodged. The Council was successfully granted 3 new lots of land.



FINANCE NEWS with Tim Hoskins

Accounts for payment are prepared by the Finance Officer and reviewed by the CEO and Program Manager before being presented to the Management Committee for authorisation and signing of payments. All accounts payable by the Land Council are met in accordance with the due dates.

We have been able to achieve the financial objectives for the Land Council by being able to adequately manage the funding that has been provided. As is well known within the Land Council network, funding is extremely limited and therefore our Land Council has had to measure its funding appropriately.

Funding for our Green team has enabled us to purchase a new work ute & trailer for the Darrunda-Wajaarr Repair to Country team to utilise for bush regeneration and other funded projects.



News from our Property Manager—Mr Terry Wall

HOUSING

With the onset of summer it is important for all tenants to realise that their Hot Water systems may need to be inspected for leaks. The easiest way to check, for roof mounted systems, is to have a look at your storm water outlets. If it's not raining and there is water you may have a leak. Normal electric systems may have war pooled around the base or there may be a wet area around the base. Either way it is costing you money and you need to act quickly.



We have included a flyer from the government about saving power and money as well. If your power bill is over \$1000 per quarter then you need to get assistance with lighting and power usage. This can save you up to \$1000 per year if you do it right (Better in your pocket than the Governments).

BUSH REGEN TEAM

The Land Council received funding from Envirofund & the Northern Rivers Catchment Management Authority for wages and costs associated with the bush regen traineeships. The trainees are under the supervision of Lisa White (a qualified bush regenerator). Our bush regeneration team "Darrunda Wajaarr" carry out works from Corindi Beach to Urunga. We have contracts with Coffs Harbour City Council, National Parks and Catchment Management Authority to fulfil.

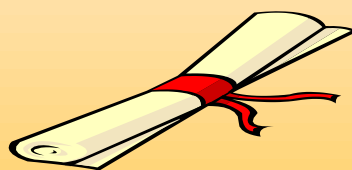


We have recently started 4 new trainees and they are looking forward to doing certificate ii or iii in Conservation Land Management. Recent training includes a Bush Fire Awareness course that could lead to employment with NPWS or RFS in the longer term as this is a pre-requisite for employment with those authorities. There will be future opportunities for this team to complete works on Land Council owned vacant land as well as Wongala Estate.



Darrunda Wajaarr has also been engaged on specific project sites, mainly on public land, as well as under a federal government grant to construct bush tucker gardens at Orara Valley primary schools. The Bush Tucker project, and a project at The Jungle in Coramba also include the running of 'Indigenous Knowledge' workshops by Gumbaynggirr Elders.

In addition, we have school based trainees that gain experience and qualifications in Natural Resource Management by working with the Darrunda Wajaarr team.



Are you looking for a professional, experienced team to work on Bush Regeneration, Weed Control, Chainsaw work in the Coffs Harbour Region on the Mid North Coast of NSW?

We are an experienced dedicated team of professional weed management, light forestry & bush regeneration contractors from Coffs Harbour NSW.

Our team is dedicated to the preservation and effective management of the bush. We combine industry proven techniques & an in depth knowledge of our local area to bring you truly effective bush management.

Darrunda Wajaarr Repair to Country Contractors is also a fully qualified training and assessment provider for the Mid North Coast. **Contact The CH&DLALC on 02 66528740 for further information.**



Darrunda Wajaarr Team

Nursery & Farm Ventures

The land council is looking at starting a nursery to assist with the supply of plants to our green team. The nursery could also be developed into a commercial wholesale nursery in the future to supply other NRM teams up and down the coast with Rainforest and other native plants. The long term future is looking good for this to happen.

Alongside of the Nursery the Land Council is looking at developing the Cox's Lane property into a commercial Farm growing Tomatoes or Garlic (as an example) and employing additional people to assist. There is also opportunity to supply some bush tucker to Sydney if we can get it up and going correctly.



We have applied for funding to attain 2 hot houses and some other equipment to assist the development of the Nursery.

Grace Roberts Community Development Awards 2013—WE WON!!!!!!!!!!!!!!

On Friday 8th November 2013 members of our Board of Directors attended the awards presentation dinner. Aunty Sue Hoskins, Aunty Jenny Skinner, Aunty Robyn Duroux, Feleisha Laurie, Reuben Robinson and Uncle Mark Flanders enjoyed an evening of yarning up and catching up with old friends. Chris Spencer received a certificate of recognition for the Community Worker of the Year Award but it was Terry Donovan of Medicare Local who won the award, our very own CH&D Local Aboriginal land Council took out the Community Organisation of the Year award and Reuben Robinson took out the Grace Roberts Community Development Award. Congratulations to everyone who was nominated for an award and a huge congratulations to the winners:

Terry Donovan—Community Worker of the Year

CH&D LALC—Community Organisation of the Year

Reuben Robinson—Grace Roberts Community Development Award
CONGRATULATIONS to ALL



**The Chairperson & Staff of the Land Council Celebrate
Winning the Grace Roberts Community Organisation of the
Year Award**



Homework Centre

The Land Council officially launched the Miindalaygan Maam—Learning Place on the 8th of May 2013. The vision for the centre is to also incorporate High School children into the program to provide ongoing encouragement and support to these children. The Land Council is actively seeking funding to secure more resources for the centre which may include; transport, computers, internet access, printing etc. along with nutrition initiatives to enable better learning capabilities. The centre is operating out of the Grace Roberts Hall at Wongala Estate and commences at 3:30pm each Wednesday afternoon during school terms.

We would like to acknowledge key supporters who have contributed to enabling the Miindalaygan Maam Program to become a reality. These include; Leightons Contractors Pty Ltd for providing computers, printers, tables, chairs and networking support. Gary Evans from Fuji Xerox for a multifunction printer. Galambila AMS who provide healthy snacks. Youth Directions who assist with transport, tutoring and administrative tasks. Community Transport. Trent and Dianne Lynwood for representing our community to Leightons for support and Ash Johnson for our beautiful mural.

In addition, Clark Webb has been instrumental in encouraging Aboriginal and non Aboriginal volunteers to be involved in this concept. At present there are approximately 10 volunteers coming to Miindalaygan Maam to support our children. We are always on the lookout for more volunteers to assist and if anyone here today is interested in volunteering please speak to Clark on 0409 926 747 for more information.



Aunty Sue Hoskins & Clark Webb with some of the Homework centre children



UPCOMING EVENTS

CHILDREN'S CHRISTMAS PARTY

The Children's Christmas Party will be held again this year as CHASE is planning for another successful Christmas Family Fun Day and community notices will be provided soon with all the details of where and when the Christmas party will take place.



30 YEAR CELEBRATION OF LAND RIGHTS

The Land Council will be holding a 30 year celebration of Land Rights in Coffs Harbour and we are looking for community volunteers to help organise this momentous event. If you are interested in helping out contact Chris at the Land Council on 6652 8740. We are also asking community members to supply any old photographs or news articles that they may have of life in Coffs Harbour during the 1980s. We will scan your original photos & give them straight back to you, so pull out those old photo albums and help us put together a slide show for the event. Once we have organised the event Members notifications will be provided detailing where and when the event will take place.



IMPORTANT DATES TO REMEMBER

DECEMBER 2013

10th December is Human Rights Day

25th December is Christmas Day

26th December is Boxing Day

31st December is New Years Eve



JANUARY 2014

1st January is new Years Day

18th—27th January is the Aboriginal Cultural Showcase at the Tamworth Country Music Festival

26th January is our National Day of Mourning



26th January is also our Saltwater Freshwater Festival being held in Kempsey this year.

FEBRUARY 2014

The Month of February is the Heart Foundations Heart Research Month

14th February is Valentines Day

14th February is the closing date for submissions on Cultural & Heritage Reforms



MARCH 2014

21st March is the International Day for the Elimination of

Racial Discrimination



CH&D LALC is happy to include event promotion from other organisations in the Coffs Harbour District within our newsletter. If you would like your event included please email information to: admin@coffsharbournlalc.com.au

Published Quarterly: March, June, September & December

HEALTHY RECIPES

Thai Green Curry with Fish

Serves: 4

Cooking time: 30 minutes



Ingredients

- 400ml reduced fat coconut milk
- 250ml reduced salt chicken stock
- 2-3 tablespoons green curry paste
- 3 kaffir lime leaves, finely shredded
- 300g pumpkin, peeled and chopped
- 500g fish fillets
- 230g can bamboo shoots, drained
- 600g vegies (eg snow peas, carrot, celery, broccoli)
- 1 tablespoon fish sauce
- 1 tablespoon palm sugar, grated
- 2 tablespoons Thai basil leaves, torn
- 1 ½ cups jasmin rice
- 2 stalks lemon grass, halved

Method:

1. Put the coconut milk, stock, green curry paste and kaffir lime leaves in wok or large pot and bring to the boil. Cook over a high heat until the sauce starts to thicken slightly. Add the pumpkin and simmer for 10 minutes or until it starts to soften
2. Add the fish and bamboo shoots, reduce the heat and simmer for 10 minutes or until the fish is cooked through. Add the vegies, fish sauce and palm sugar and cook uncovered until the vegetables are soft.
3. Remove from the heat and stir through half the basil leaves
4. Put the rice, lemon grass and 4 cups of water in a pot, bring to the boil and cook over a high heat until steam holes appear in the top of the rice. Reduce the heat to low, cover and cook over a low heat for 10 minutes or until all the liquid is absorbed and the rice is tender. Transfer rice to bowls, spoon over curry and scatter with remaining basil leaves.



Kids easy healthy lunch

Hearts and Crosses Salad



Here's a kids lunch box salad to love, with sweet strawberry hearts and cool cucumber kisses.

Ingredients:

- 2 strawberries
- 1/2 small cucumber
- Snow pea sprouts

Method:

Step 1

Use a small sharp knife to cut a small V-shape into the top of 2 strawberries, removing the hulls. Halve each strawberry lengthways to make hearts.

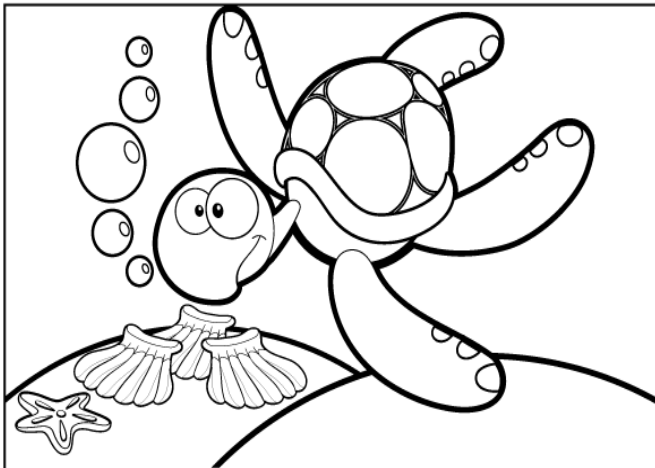
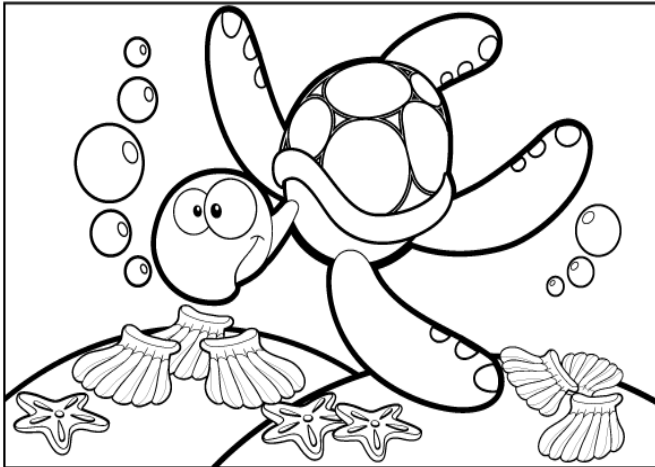
Step 2

Cut 4 V-shaped indents lengthways into 1/2 small cucumber. Thickly slice crossways to make crosses. Serve the strawberry hearts and cucumber crosses with snow pea sprouts and watch as the kids devour it in seconds.



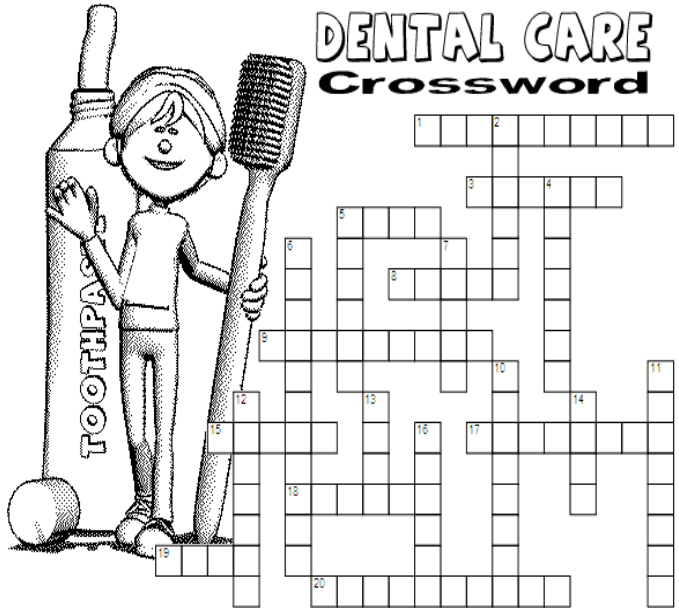
JARJUM'S PAGE

Find the Differences



www.FreePrintableColoringPages.net

DENTAL CARE Crossword



ACROSS

1. A common tool people use to clean their teeth
3. They straighten your smile
5. To bite and grind with the teeth
8. The kind of tooth found at the back of the mouth
9. A liquid to rinse the mouth that freshens breath
15. More than one tooth
17. A chemical that helps to prevent cavities
18. The outside part of a tooth
19. Pink tissue surrounding the teeth
20. Cleanser for teeth

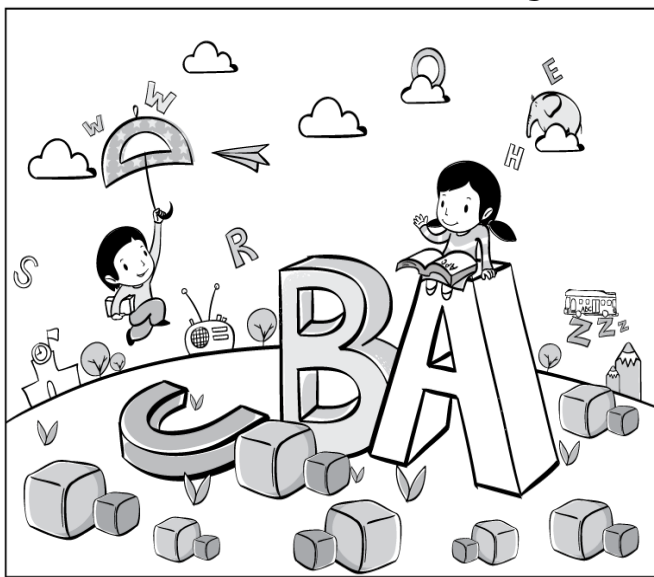
DOWN

2. A crusty build-up on teeth
4. A meeting with your dentist to see if you need any work done
5. A hole in a tooth
6. An arranged day and time to meet with someone
7. String used to clean between teeth
10. Dentists add these to fix teeth that have holes
11. Making less-dirty
12. Tooth Doctor
13. A test
14. Used to take a picture of the inside of someone's teeth
16. Makes things look glossy



Get more free activity and coloring pages @ www.theKidzpage.com
Copyright ©2011, divaDzine. All rights reserved.

Find the Hidden Objects



www.FreePrintableColoringPages.net

Clue: The Alphabet

COLOUR ME IN





CHRISTMAS CLOSURE

Coffs Harbour & District Local Aboriginal Land Council will be closed for the Christmas break from:

Monday the 22nd of December 2013

We will re-open on:

Monday the 6th January 2014

In the meantime the Board of Directors, the CEO and all the staff at the Land Council would like to take this opportunity to wish you all a merry, safe, happy and healthy Christmas.

