



COFFS HARBOUR & DISTRICT LALC

NEWSLETTER: Issue 5

Wongala Estate
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FROM THE CEO—Chris Spencer

NSW Aboriginal Land Council State-wide Conference— Cessnock August 2015

Our Chairperson, Yvette Pacey and myself recently attended the NSWALC State-wide conference. Some of the topics we discussed included; the economics of Indigenous survival, culturally relevant governance, land rights future directions, resource development, land negotiation, culture and heritage, ORALRA, the upcoming NSWALC elections, healing, and the NSW Fire and Rescue Community Resilience Innovation Program. Uncle Tommy Miller provided the Welcome to Country and we were entertained by the Birrawal Dancers. One of the Highlights of the conference was the Recognition Awards where our own Clark Webb won the prestigious Award for Youth and I can tell you I was very proud of him.



NSWALC Elections

I would also like to take this opportunity to remind members about the NSWALC Elections which will be held on the 31st October and if you are eligible to vote I strongly encourage you to do so.

CH&D LALC Meeting Dates:

Next Members Meeting:

TBC

Next BOD Meeting:

TBC

AGM: 10am 26th SEPTEMBER
2015

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PROGRAMS UPDATE

Native Tree Nursery

Our nursery program continues to grow. We have now sold another 1,000 native trees to a property developer at Sandy Beach. Envite recently purchased 400 coastal wattles for their Green Army to plant out. The greenhouse is now up at the Corindi farm and the shed is due for construction on the 4th of September.

We have had lots of interest from various Bush Regeneration groups for the purchase of our trees.



In addition, we currently have 2,000 immature Blueberry plants that we have grown from cuttings and we are now starting to plant cuttings for another 3,000 blueberry plants for growers around Coffs Harbour and Woolgoolga.

Darrunda-Wajaarr Green Team

The Green Team have been busy cleaning out the sheds at Corindi. They have also been busy in the bush having recently undertaken some traditional burning off. The Darrunda-Wajaarr team, in co-operation with the NSW Fire Brigade, did a burn off at Green Bluff (Moonee Beach Headland). Alita Carberry also undertook the burn-off at the airport (as published in the Advocate).



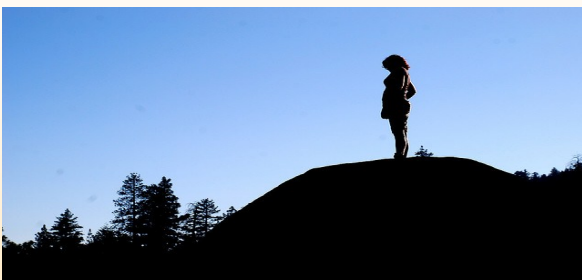
Our ancestors regularly used fire to burn vegetation to facilitate hunting and to change the composition of plant and animal species in an area. This practice is still used in the Northern Territory. Burn off also helps protect our fire-prone country from wildfires.



CULTURE & HERITAGE

Our site officer's have been busy with site work at Corindi, Boambee Headland, Sandy Beach and at Karangi. There is further work coming up for site inspection at Sandy Beach, Karangi (monitoring with CHCC on the installation of the duplicate water pipeline to Red Hill), monitoring development works that are occurring at Hearn's Lake Road Woolgoolga and work to undertaken at Morgans Road Moonee Beach. The more site work that we do means more money for the Land Council.

We are also in the process of finalising an agreement with the NSW Forestry Corporation whereby our Site Officers will undertake site inspections with Forestry staff in proposed logging areas and other areas as advised by Forestry to determine the presence of sites of Aboriginal significance within our forests.



FINANCE UPDATE

Not much news from the finance sector except that all is above board and going well. We were recently audited and we are pleased to announce that once again we passed with flying colours.



PROPERTY UPDATE

Our Quarterly House Inspections went well with the overall result being good. A few repairs to be done but other than that we are very happy. Also speaking of Inspections we will be running another lot in the next 3-4 Months.



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We also have 3 Houses we are in the process of allocating. If you're on the Waiting List with us it's so important you keep us up to date with your contact details to give yourself the opportunity to be housed and for us to contact you for whatever reason as easy as possible. We suggest that you update your details with us at least annually or whenever you change your phone number or address.

We are slowing getting our tenant arrears down and all tenants are getting back on track. Just remember to keep up your payments and if you have any issues or questions, do not hesitate to contact us at the office.



RESIDENT PROFILE

In this addition we are profiling long-term residents Louise Smith and Neville Stewart with their daughter Patricia Stewart.

Neville and Louise have lived at No. 14 Wongala Estate for the past 12 years, having previously lived at Lowanna. Louise said the move to Wongala Estate was a God send as it meant that they could access specialist medical services for their disabled daughter Patricia. Other things they like about living at Wongala Estate is the peace & quiet (most of the time), the fact that it is very handy to town and right next door to her late mother and now her Aunty Daphne Hoskins.



Neville is the resident mechanic at Wongala and can often be seen working hard on various community members cars. So when you pass by give them a friendly wave because one day your car may need fixing by Neville.



WONGALA ESTATE NEWS

Some of the Wongala Estate residents may have noticed some recent changes . Coffs Harbour City Council has installed a new cement walkway from the Estate down to Arthur Street to where residents can cross the busy Arthur Street where there is a safe refuge island in the middle.



In addition, to this improvement The NSW naming board has now named the access street into Wongala Estate as Wongala Drive. It isn't on google maps yet but at least emergency services will know exactly where to go when it is up on google maps.



DIGGERS BEACH NAIDOC EVENT 2015

Earlier this year in July the Land Council in conjunction with North Coast Medicare local held its annual Diggers Beach—Planting the Seed NAIDOC event.



The event saw lots of the community turn up for Bush tucker walks with Uncle Mark Flanders, entertainment with Jeremy Devitt and the Wajaarr Ngaarlu dance group, tree planting with the Darrunda-Wajaarr Green team and a great feed provided by NCML.

The Elders were there to help celebrate and join in on the festivities.



And Staff and Board members from the Local Aboriginal Land Council also attended and a great day was had by all in attendance.



IMPORTANT DATES

CH&D LALC AGM—SATURDAY 26TH SEPTEMBER AT 10AM

The Coffs Harbour & District Local Aboriginal land Council will be holding its Annual General meeting. The meeting will take place at Grace Roberts Hall on Wongala Estate.

AGENDA:

1. Receipt of 2014/2015 Annual Report;
2. Receipt of 2014/2015 Audited Financial Statements;
3. Election for Board members;
4. The conduct of any other business placed on the agenda before the commencement of the meeting.

PLEASE NOTE: In relation to the election for Board members;

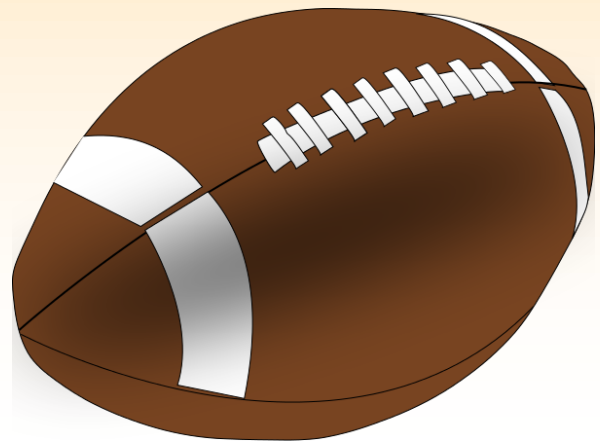
Any LALC voting member may nominate someone or be nominated for a Board position however if there is an election for the Board only voting members who have attended at least 2 LALC meetings in the previous 12 months are eligible to vote.



OTHER IMPORTANT DATES

OCTOBER LONG WEEKEND & ABORIGINAL RUGBY LEAGUE KNOCKOUT

The 3rd, 4th & 5th October is the long weekend. It is also the weekend for the annual Aboriginal Rugby League Knockout which this year will be held in Dubbo. So why not go along and support the teams.



THE NSW ABORIGINAL LAND COUNCIL STATE ELECTIONS FOR REGIONAL COUNCILLORS

On Saturday October 31st NSWALC will be holding their State elections for regional councillors. Local Aboriginal Land Council Membership Rolls are now closed until after the elections take place. This means LALCs can accept new members applications, however they will be ineligible to vote in the election. We would like to take this opportunity to wish all those standing for election the best of luck.

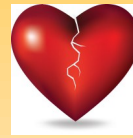


**New South Wales
Aboriginal Land Council**

COMMUNITY NEWS

Lighthouse Hospital Project

Better Practices in Cardiac Care



Stop the heart- ache of heart disease for you and your family

Background

The Coffs Harbour Health Campus is one of eight hospitals across Australia that is trialing and evaluating a quality project on:

Improving Health Outcomes

For Aboriginal and Torres Strait Islander peoples with heart problems

Why are we doing the project?

Despite all the efforts from expert and government groups OUR people continue to have large numbers dying from heart disease, having heart attacks, or not having procedures that would help greatly. It is important to improve our health services for yourself and your family.

How are we doing it?

Reviewing our hospital systems to make sure high standards of care are achieved & maintained

Identifying practises that can be improved upon throughout the patients journey from going to the hospital, during their stay , and after discharge

For more information contact:

Project Officer Lynette.Hales@ncahs.health.nsw.gov.au

PH: 02 66567046

Project Member: Carol.Hart@ncahs.health.nsw.gov.au

PH: 02 66565086

Project Lead Marilyn.Body@ncahs.health.nsw.gov.au

PH: 02 66565087

Warning signs of heart attack

Pain, pressure, heaviness or tightness in your:

You may also feel:

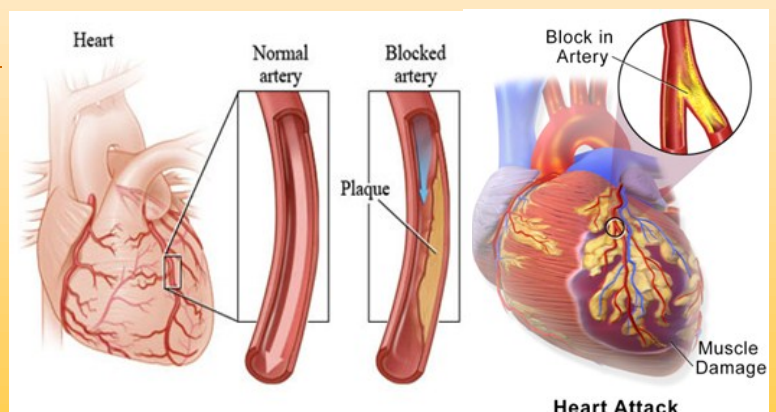
- sick
- a cold sweat
- dizzy
- out of breath

What to do: **call 000*** for fast help 24 hours

*If calling 000 doesn't work on your mobile phone, try 112.

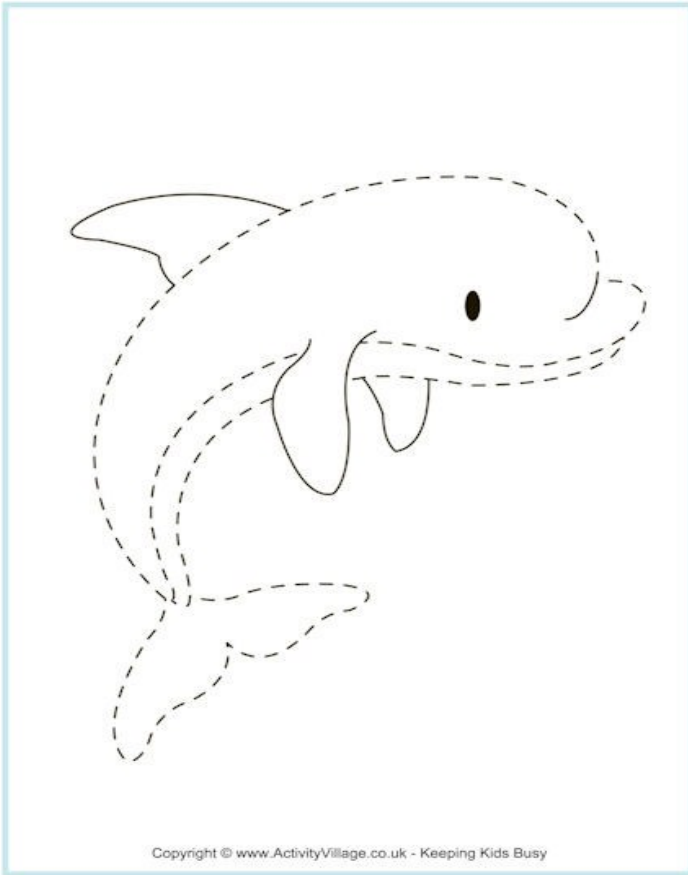
© 2012 National Heart Foundation of Australia ABN 98 008 419 761 CON-134-NAT-URB

CALL 000 AS SOON AS POSSIBLE TO GET HELP



JARJUM'S PAGE

HEY JARJUMS TRACE ALONG THE DOTTED LINE AND THEN COLOUR ME IN

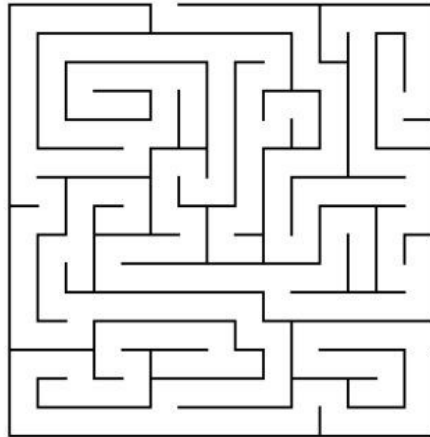


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Rugby Maze

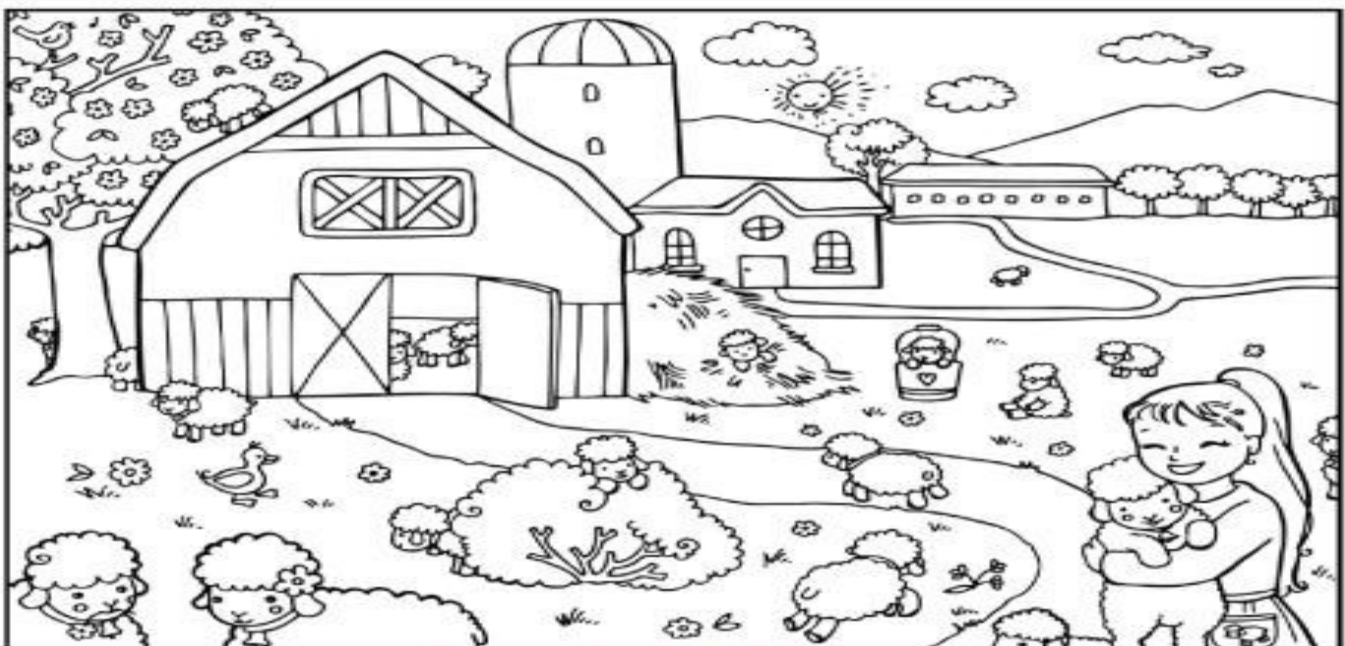
Can you help the rugby player find his way to the ball?



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CAN YOU COUNT THE LAMBS BELOW



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