



COFFS HARBOUR & DISTRICT LALC

NEWSLETTER: Issue 7

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FROM THE CEO—Glen Rennie



Dear Members

I take this opportunity on my very first CH&DLALC newsletter to introduce myself. I am a proud Kamilario man from Coonabarabran where I completed the majority of my schooling. Like many young men I was encouraged to get a “trade” so I gained a trade and continued to work at the trade for some ten years. I went back to school in the mid 90s and completed a Diploma of Social Science. I then commenced work in the Welfare sector. I later enrolled and then deferred a BA majoring in Sociology and Political Science; I remain deferred with a desire at some time to complete these studies.

I had for the past 18 years worked for Biripi Medical Centre and Purfleet Taree LALC in management roles, my contract with PTLALC came to an end late last year and I applied for the position of CEO at CH&DLALC. My wife and children continue to remain on our small farm just outside Taree, I travel home on the weekends and return Monday.

I am looking forward to getting to know the many members of CH&DLALC and hope to do so at the upcoming Members Meeting in March, please come along as your involvement in your LALC is paramount. The LALC only exists to serve its members and to establish solid foundations for our generations yet to come.

I look forward to seeing you at the Member Meetings to share your thoughts and aspirations.

CH&D LALC Meeting Dates:

Next Members Meeting:

**Wednesday 23rd March 2016 6pm
Grace Roberts Hall Wongala Estate**

Next BOD Meeting:

TBA

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MEMBERS UPDATE

STAFF PROFILE



Anthony Dungay—Maintenance Supervisor

Known to many of us as Uncle Duck, Anthony has been working at the Land Council for about 6 years. Anthony initially started with the Land Council as a CDEP worker and has worked his way up to the position of maintenance supervisor. Anthony and his partner Julie have 6 children and 14 grandchildren. Anthony enjoys restoring old furniture in his spare time.

Anthony likes the variety of work and helping out the residents. Everyday is different, one day he could be fixing tap washers, the next could be mowing at Wongala Estate or up at Corindi.

Anthony works with Andrew Arundel-Clark (assistant maintenance) and together they make a great maintenance team. If you have a maintenance issue give our housing Officer (Lachlan Skinner) a call so he can arrange for the maintenance team to call around and fix the problem.



MEMEBERSHIP STATUS: VOTING OR NON-VOTING

Are you a voting member? Not sure? Give us a call on 66528740 and we can advise you of your current status on our Member's Roll. At our last AGM there were many people who could not vote for Board members as they were not voting members. To become a voting member you need to come in and fill out a s.56(5) notice.

If you circled voting member on your application for membership, and as long as you are not already listed as a voting member of any other land Council, you should be listed as a voting member on our roll. If you can not remember whether you circled voting member than you should check with us as soon as possible so that at our next Member's meeting you will be eligible to vote.



Members are also strongly encouraged to attend member's meetings as this is were you get to raise any issues of concern, provide Board members with your aspirations for the Land Council, meet with other members and provide guidance in the future directions of your land Council.



PROGRAMS UPDATE

THE NURSERY

The nursery will be known as Darrunda Wajaar Jaliigirr Barragin (Repair to Country Native tree farm).

Many of our current and future orders will come through our established contacts with Coffs Harbour City Council , National Parks , State Forestry , NSW Land and Conservation , Landcare , Wetlands Care Australia and other local bush regeneration companies.

Although still in construction phase we have been able to lease a small propagation house at the local TAFE and build some rudimentary shade areas at the nursery in Cox's lane. This has allowed us to begin production on a limited scale and make a few small sales which has been a motivational boost to the team.

The Nursery shed is being utilised as a work and storage area. The tractor has been involved in landscaping, slashing and construction work. The shade house construction is nearly finished, structure up, shade cloth on, needs some work on doors and floor. We anticipate it to be operational within a fortnight.



HOUSING PROGRAM

Article by Lachlan Skinner: We have recently successfully completed our Provider Assessment and Registration System (PARS) for AHO. PARS is the assessment system for Providers under the Build & Grow Strategy and is one of the pathways to become registered with the AHO. Providers that are PARS approved are eligible to be registered as Aboriginal Community Housing Providers under the Aboriginal Housing Act 1998. PARS is important to us as it recognises well performing providers and it supports us to deliver better housing services to Aboriginal communities. PARS also provides us with the opportunity to increase the number of properties we manage through subleases with the AHO.



As part of my professional development I have enrolled in Social Housing Certificate IV. This qualification reflects the role of workers who are engaged in delivering social housing services and support to tenants, residents, applicants and the community, including clients who are experiencing homelessness or at risk of experiencing homelessness. I will be real deadly at my job once I have completed this training at the end of the year.

PROGRAM UPDATE CONT....

CULTURE & HERITAGE

GREEN TEAM

SITWORK

The Site Work Team have been busy with site investigations up and down the coast over the last 3 months. Site work has been undertaken at Repton and Bellingen in the south, at various locations around Coffs Harbour, at Hearn's Lake, Sandy Beach north, Woolgoolga and at Cox's Lane Corindi in the north.

BULUUNGGAL: Coffs Creek Interpretive Bushtucker Walk

The Green Team have recently installed the signage for the Buluunggal Creek Walk and the CHCC have installed the sandstone sculpture seat at the beginning of the walk in Brodie Drive.



Tim Hoskins takes a seat at Buluunggal



Mark Flanders & the Green Team installing the signage for Buluunggal Creek Walk

The Green Team have been very busy lately completing current contracts. They have a new team member Nathaniel Hart who started with the team earlier this year and is undertaking Cert II in Conservation and Land Management, we welcome Nathan on board. Alita Carberry & Aj Perkins are now enrolled in Conservation and Land Management Cert IV after completing Cert III earlier this year. We congratulate Alita and Aj for their dedication to their ongoing studies.



Alita Carberry and Nathaniel Hart Fire Training

The Green Team have just spent the last four days undertaking Fire Training and as you can see from the above pictures they thoroughly enjoyed it.

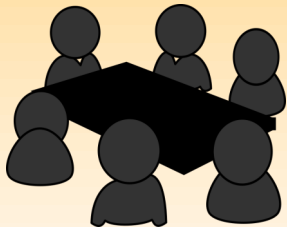


The Green Team Trainees: Aj, Alex, Alita & Nathan

IMPORTANT DATES & UPCOMING EVENTS

Member's Meeting

The next Member's meeting is scheduled for Wednesday 23rd March at 6pm to be held in the Grace Roberts Hall on Wongala Estate



NCTGD

Thursday 17th March. National Close the Gap Day, first organised in 2006, organisations come together to improve the health of Aboriginal people. Close the Gap day is an opportunity for organisations and community to hold events and raise awareness of the Aboriginal health crisis.



HARMONY DAY

Harmony Day, 21 March, celebrates Australia's cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone. It is a day for all Australians to embrace cultural diversity and to share what we have in common.



NATIONAL SORRY DAY

National Sorry Day is a very significant day for Australia's Aboriginal and Torres Strait Islander peoples, and particularly for Stolen Generations survivors. The idea of holding a 'Sorry Day' was first mentioned as one of the 54 recommendations of the Bringing them home Report, which was tabled in Parliament on 26 May 1997.



NATIONAL RECONCILIATION WEEK

National Reconciliation Week (NRW) is celebrated across Australia each year between 27 May and 3 June. The dates commemorate two significant milestones in the reconciliation journey—the anniversaries of the successful 1967 referendum and the High Court Mabo decision.



COMMUNITY INFORMATION

There's no one cause for heart disease. The more risk factors you have, the bigger your risk is of developing heart disease & having a heart attack or stroke.

Risk factors for cardiovascular disease

Risk factors you can change:

- Smoking
- High cholesterol
- High blood pressure
- Diabetes
- Overweight
- Lack of exercise
- High salt diet
- Depression, social isolation

Risk factors you can't change:

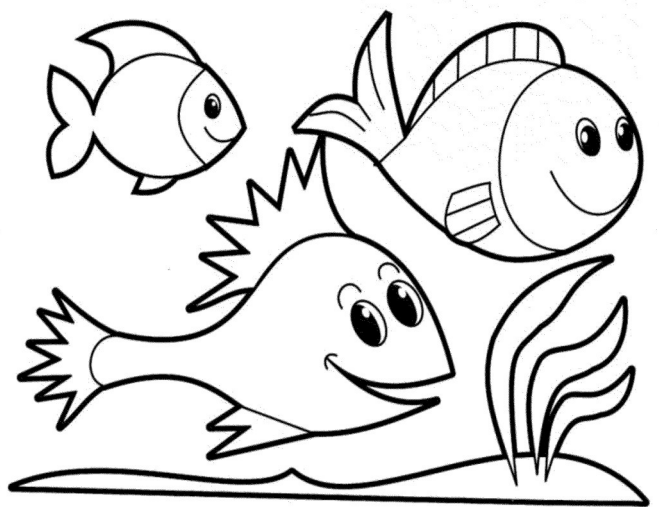
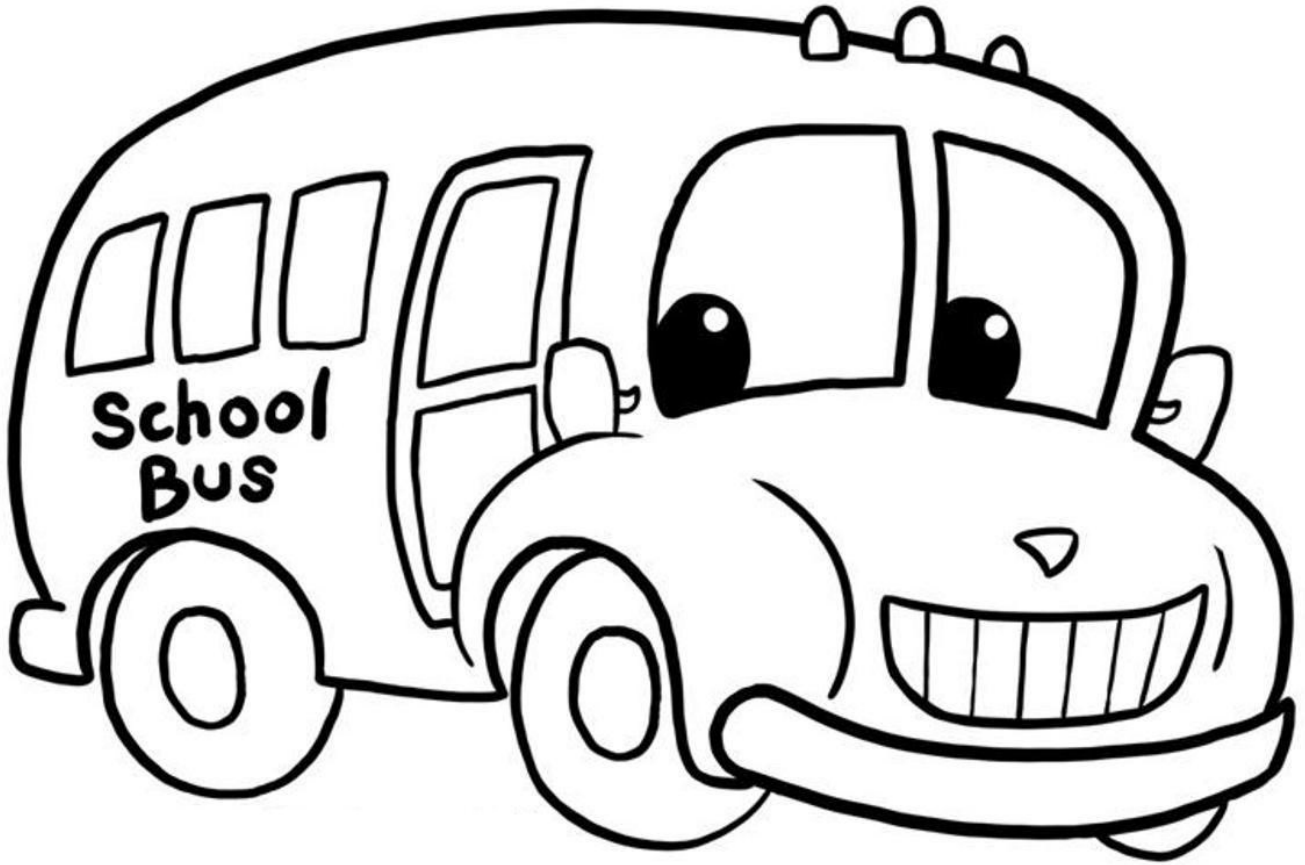
- Aboriginal/Torres Strait Islander
- Increasing age
- Family history of coronary heart disease
- Men are at a higher risk. Women's risk increases after menopause

Knowing your risks is the first step to avoid a heart attack or stroke.

You may not know you have some of these risk factors, often they are silent diseases. To find out your overall risk, go and see your doctor or health practitioner for a [heart health check](#) as soon as possible.

You can reduce your risk factors & change the bad effects on your body

JARJUMS PAGE



COLOUR IN THE PICTURES